

DREAM HOLIDAYS

GRANTING HOLIDAYS AND WISHES FOR CHILDREN WITH CYSTIC FIBROSIS



Annual Report & Accounts for year ending 31st October 2024



Registered Charity No: 1036069

Scottish Charity No: SCO43332

CEO's Report for 2024

We are very proud to say that Dream Holidays 2024 was our 30th year of helping children with Cystic Fibrosis and their families with a much needed respite holiday. We managed to send 151 families away on a respite holiday and around 20 fun days out. This is something new we trialled this year for families who can't, for whatever reason, take a full holiday, they can now have a day out at places like Thorpe Park, Alton Towers, London Attractions etc.



We have received so many letters, cards, emails and phone calls, both from the families and also the hospitals who have referred them to us, praising our work over the years and this has spurred us on to help many more families. Our holidays all take place in our beautiful Great Britain and Northern Ireland.

As you will know, Covid hit us, and every Charity very hard and our funds are still recovering from this. However, 2024 has shown us that things are now improving and our funds are now creeping up towards our pre-Covid amounts.

Because Dream Holidays staff all work from our own homes, our overheads are kept quite low. We are still working with 1 full time member of staff and 3 who work part time. We are looking forward to arranging next year's holidays with great enthusiasm.



Elaine

Elaine Pearce

Chief Executive Officer





Fundraising Report

Last year we were thrilled to reach our 30th anniversary of helping CF families. We began the year eager to help as many families as we could as a way of celebrating this milestone.

Unfortunately, even though our finances have started to recover back to Pre Pandemic levels, we are seeing a huge increase in prices, resulting in our help not reaching as many families as we would have liked.

In the 30 years of helping CF families with respite breaks, we have seen treatments and care evolve incredibly. There remains no cure for CF but through medical advances the expected average age of a CF sufferer has now increased to 53 years. To achieve this is not easy and it is a constant battle. Our aim is to help at the grass roots level and show these families we care and give them some easement in the form of a holiday together.

Once again, in the winter I made some trips to hospitals, this time in the south west to speak to some of the CF nurses and social workers. We want to ensure our help is offered to any CF family struggling and to do this we need every CF children's unit in the UK to be aware of us.

(We currently receive referrals from over 80 clinics across the UK.)

One of the regular questions I am asked when seeking funding, is how do you collect feedback on your work. For the last 30 year we have requested this in the form of photos and postcards from the families. These usually speak for themselves as we receive lots of smiley, happy family moments captured.

But for a new way of collating feedback, this year we have started to ask the hospital teams who send the initial referrals what their thoughts are on the effects a respite break has had on the families. We are eager to not add too much extra work for the hospitals so we have asked for this feedback as an annual report for all the families they have referred that year.

Please find a selection of these reports overleaf...

A handwritten signature in black ink, appearing to be 'AJ' followed by a long horizontal stroke.

Amy Chippendale-Johnson

(Administrator and Fundraiser)

Hospital Reports 2024

As a team at Birmingham Children's Hospital, we see the difference a break can make to families we work with.

Many would not be able to afford a trip away as priorities alter and best laid plans are put aside to care. Many of our parents have to reconsider career paths, jobs, training etc when CF becomes part of their family and holidays are sadly way down the list.

The breaks CF Dream holidays provide are Invaluable, they allow normality to reside for a time and also provide non affected siblings the chance to enjoy quality time and make memories with their family too.

CF team Social Worker

Birmingham Children's Hospital

The families I refer are often families that would not normally have the funding for a holiday and have often not had a holiday for a long time. They are families that often have difficulties socially and would not have the money or ability to prioritise a holiday.

I feel that quality family time is very important for our families that are stuck to daily routines and life can be quite monotonous.

Holidays I feel are so important for all families and children but when they have to deal with a chronic illness even more so, holidays are a happy time and a time away from the normal and mundane.

As a nurse specialist with CF, I really appreciate this charity facility to be able to offer my patients/family a holiday who normally would not have one. It feels nice to do something pleasant and fun.

Cystic Fibrosis Nurse Specialist

Royal Manchester Children's Hospital

A holiday has lots of benefits- we know that ourselves - the anticipation & excitement even!

For a child with CF to have fun with their family, parents to see their children having fun, a possible break from working so hard, siblings that often appear to be in the background & the memories made cannot be underestimated.

A large percentage of our patients live with 1 parent only (research shows high stress of having a child with a long-term health condition can attribute to this), some not having contact with the other parent. Financially, these families struggle especially with cost of living rising so a holiday really is an extra that these families would not be able to enjoy if it wasn't for this.

Cystic Fibrosis Specialist Nurse

Northampton General Hospital

The children we refer may have been having a difficult time with their CF or for other reasons or may not be able to go on a holiday otherwise. Our families have had lovely holidays including to the Isle of Wight and Newquay and all of them come back full of energy and saying what a wonderful time they have had. It is great for them to have good family time together enjoying new experiences.

Cystic Fibrosis Nurse Specialist

Royal Alexandra Children's Hospital



A selection of the families we helped in 2024

Child's Name	From	Went to	Child's Name	From	Went to
Henry	Yorkshire	London	Mason	Staffordshire	Trecco bay Parkdean
Sidney	Northampton	Center Parcs, Woburn	Leylan	Cumbria	Haven - Marton Mere
Marcus	North Tyneside	Centre Parcs, Sherwood Forest	Matilda	Northamptonshire	Isle of Wight
William	Hampshire	Center Parcs - Longleat forest	Jace	Tyne and Wear	Haggerston Castle
Cai	York	Winfell forest Center parcs	Finley	Northumberland	Beach retreats
Elizabeth	Newcastle upn Tyne	Center Parcs, Winfell forest	Jaiden	Wales	Holiday Cottages, Fife
Mohammed	Nottingham	Centre Parcs Sherwood Forest	Hayden	West Sussex	Isle of Wight
Tristian Scott	Holmfirth	Bike and Boot Inns	Kobi	Nottinghamshire	Butlins - Skegness
Matilda	Merseyside	Houlbourne Devon Bay	Millie	Manchester	Haven - Presthaven
Summer	Yorkshire	Primrose valley Haven	Ava & Chase	Buckinghamshire	Isle of Wight
Layla	Manchester	Isle of Wight	Dylan - Jak	West Midlands	Stanwix Holiday Park
Jenson	Durham	Lobster Pot Cottage, Grimsby	Elsie	Heywood	Ribby Hall Village
Lily	Herefordshire	Center Parcs - Longleat Forrest	Charlotte	Greater London	Haven - Combe
Edward	Derbyshire	St Annes Beach Apartments	Harper - Rose	Northamptonshire	Alton Towers
Clayton	Worcestershire	Monkey tree holiday park	George	Co Durham	St Ives Holiday Village
John	Northumberland	Tile Sheds Barn Cottage, Whalton	Harry	West Midlands	Copperhouse St Erth
James	Ipswich	Hoseasons Summerfields	Ashleigh	Wolverhampton	Haven - Church Farm
Esmae	Retfoerd	Haven, Seashore	Amelia	Nottinghamshire	Seton Sands Haven
Freya	Suffolk	Holiday cottages -Whitby	Diana	Cornwall	Tummel Valley Parkdean
Victoria	Suffolk	Easter Dalziel Farm Cottage	Joel	West Sussex	Isle of Wight
Chester	Northumberland	Haven - Haggerston Castle	Nancy	North Yorkshire	Parkdean - Clayton Bay
Leah	Kent	Parkdean - great yarmouth	Bella	Manchester	Hendra Holiday Park
Imaan & Sabah	West Midlands	Haven - Burnham on sea	Archie	Suffolk	Haven - Seashores
Charlie	Warwickshire	Hoseasons - Piran Meadows	Zack	Buckinghamshire	Aspects holidays Cornwall
Brody	Lincolnshire	Woolacombe Bay Holiday Park	Danielle	West Midlands	Drayton Manor
Max	Scotland	Hoseasons - Hunters Quay	Tyler	Staffordshire	Haven - Presthaven
Talia may	Runcorn	Centre Parcs - Sherwood Forest	Kobi	Scotland	Haven - Matron Mere
Cerys	East Sussex	Green Hill Farm Holiday Village	Ava & Mia	Bangor	Drumhoney
Beau	Cornwall	centre parcs - Longleat forest	Zachary	West Midlands	Haven - Presthaven
Nathaniel	Co Durham	Center Parcs - Winfell Forrest	Alessa & Lewis	Stirlingshire	Haven - Craig Tara
Shayan & Rohaan	Scotland	Mercure Barnsley Tankersley Manor	Kenneth	West Yorkshire	Bosinver Holiday Cottages
Katie	N. Ireland	Crowne Plaza Hotels Belfast	Connor	Scotland	Haven - Craig Tara
Mohammad & Anaya	West Yorkshire	Alton Towers Cbeebies Land	Freddie	Scotland	Aviemore Hotel
Nevaeh	South Yorkshire	Hoseasons - Sherwood Forest	Layla-Mai	Lancashire	Lords Leap Farm Cottage
Baker	Essex	Center Parcs - Elveden Forrest	Finley	Manchester	Isle of Wight
Shiloh	Manchester	Haven - Marton Mere	Megan	Lincolnshire	Haven - Caister on Sea
Leon	Tyne and Wear	Butlins - Skegness	Kristal & Amber	West Midlands	Isle of Wight
Declan	Leicestershire	Monkey tree holiday park	Ruby	York	Hendra Holiday Park
Gearge & Alex	Wolverhampton	Breakers Cottage, Devon	Annabelle	Gloucestershire	Shorefield Holiday Park
Jupiter Reece	Leicester	Parkdean - southview	Macy and Vinnie	Kent	Haven - The Orchards
Oliver	Gloucestershire	Haven - Riviere Sands	Annabelle	Bristol	Gwel an Mor Holiday Park
Teddy, Odin, Freddie	Kent	Park Holidays - Leysdown	Mazigh	East Sussex	Kilbirnie Hotel Newquay
Hallie	Leicestershire	Kestrel Cottage - Highlands	Lillie-Jade	Rotherham	Rusty Cottages Whitby
Emily	Derbyshire	Kimberley House, Cornwall	Edward	Bradford	Hoseasons - Filey Bay
Ruby	N. Ireland	Mullans Bay, Ireland	Archie	Kent	Parkdean - Nodes Point
Niamh	Scotland	Forest Holidays, Scotland	Danielle	West Midlands	Day trips
Ava	Suffolk	Marten Mere Haven	Nehna	West Midlands	Belton Woods Hotel
Samantha	Lincolnshire	Haven - Primrose Valley	Jack	Greater London	Potters Resorts -Norfolk
Devon	Oxfordshire	Haven - Devon Cliffs	Keeley	Co Durham	Hoseasons - Landal Lakes
Lucy	Staffordshire	Hemsby Beach Holiday Park	Jacob	Leicester	Haven Wild Ducks
Maleeha & Umaima	West Midlands	Cottage, Weston Super Mare	Danny	Sussex	Butlins, Bognor Regis
Carrie Ann	Hertfordshire	Haven - Seashores	Alfie	Plymouth	Butlins - Minehead
Reagan	Durham	Hoseasons - Brokerswood	Winter	County Durham	Skegness Butlins
Finlay	West Midlands	Bishops rock lizard lighthouse	Dennis	Gloucestershire	Trenython Manor
Declan	Derbyshire	Sunnymede caravan park	Seth	West Midlands	Isle of Wight
Arthur	Essex	Meadow Cottage, Suffolk	Mylah	Berkshire	Haven - Golden Sands
Haleema	Birmingham	Parkdean - Torquay	Lucy	Cornwall	Butlins - Bogner Regis
Phoebe	West Sussex	Isle of Wight	Millie-Mai	Derbyshire	Parkdean - Trecco Bay
Matthew	Cornwall	Butlins, Minehead	Warwick	West Midlands	Haven - Marton Mere
Ivy	West Sussex	Beach Croft - Pembroke Dock	Ethan	Darlington	Butlins - Skegness
Oliwia	Co Durham	Kielder Waterside Holiday Park	Cassie-Anne	Scotland	Flamingo land
Daisy	Deeside	Woolcoombe Bay Holiday Park	Lyla	Leicestershire	Isle of Wight
Rhys	Northumberland	Haven - Marton Mere	Harrison	N. Yorkshire	Flamingo land
Ariana	Derbyshire	Parkdean - Newquay Resort	Kyle	Manchester	Gulivers World

CHILDREN WITH CYSTIC FIBROSIS DREAM HOLIDAYS

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED
31st OCTOBER 2024**

Charity Registration Number 1036069

Charity Registration Number SC043332

Report of the Trustees for the Year Ended 31st October 2024.

The Trustees present their report and accounts for the year ended 31st October 2024.

Investment and Management Powers

These are vested in the management committee and are governed by the constitution of the charity.

Objects of the Charity

The object of the charity is to provide holidays for children who have been diagnosed as having Cystic Fibrosis, or other such similar disease, and to provide holidays for groups of children who have been diagnosed as having Cystic Fibrosis or other similar disease.

Financial Report

The financial results for the year are set out on the following pages.

The trustees consider the available reserves are sufficient for the committed expenditure requirements of the charity at the year end.

Statement of the Management Committee's responsibility for the Accounts

The purpose of the statement is to distinguish the Management Committee's responsibilities for the Accounts from those of the Independent Examiner as stated in his report.

The Charities Act 2011 and the Charities Accounts (Scotland) regulations 2006 requires the Management committee to ensure that the accounting records are kept in respect of all of the charity's transactions and to prepare a statement of accounts for each accounting period consisting of a receipt and payments accounts and a statement of assets and liabilities.

The Management Committee are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of errors, fraud, and other irregularities.

In preparing these accounts the Management Committee is expected to:

- Select suitable accounting policies and apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Follow the recommendations of the Charity Commission, the Office of Scottish Charity Regulator and of the accounting profession with regard to the form and contents of the Accounts, or to disclose and explain any departures there from.
- Prepare the Accounts on a going concern basis.

Approved on behalf of the Management Committee.

By the Chairman: *M. Johnston*

Date: *28/01/2025*

Independent Examiner's report to the trustees of Children with Cystic Fibrosis Dream Holidays Trust

I report on the accounts of the Trust for the year ended 31st October 2024, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) or under Regulation 10(1)(a) to (c) of the Charities Accounts (Scotland) Regulations 2006 (the 2006 regulations) and that an independent examination is required.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011 and under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act).
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2001 Act: and
- To state whether particular matters have come to our attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission and is in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to my attention:

- 1) which give me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act and section 44(1)(a) of the 2005 Act and regulation 4 of the 2006 Accounts regulations; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2001 Act and section 44(1)(b) of the 2005 Act and regulation 8 of the 2006 Accounts Regulations.have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Angela Moore FMAAT AATQB ACIPP



.....
Date

AM Accountancy & Office Management Ltd
78 High Street
Barwell, Leicestershire LE9 8DR

Children with Cystic Fibrosis Dream Holidays

Receipts and Payments Account For the Year to 31st October 2024

Income and Expenditure	note	Unrestricted Funds £	Restricted Funds £	2024 £	2023 £
Income					
Legacies			-	-	-
Grants				-	-
Donations and Gifts		240,825		240,825	256,446
Gift Aid Refunded		2,918		2,918	1,876
Bank Interest		304		304	87
Furlough Grant Received				-	-
Total Income		<u>244,047</u>	-	<u>244,047</u>	<u>258,409</u>
Direct Charitable Expenditure					
Holiday Costs		98,299	43,000	141,299	135,035
Holiday Subsistence		18,310		18,310	24,309
Holiday Transport		3,386		3,386	8,440
Holiday Insurance				-	-
Fundraising Expenses - <i>including Direct Mailing Costs</i>	5	13,920		13,920	25,814
Development Funding Costs				-	-
		<u>133,915</u>	<u>43,000</u>	<u>176,915</u>	<u>193,598</u>
Other Expenditure					
Wages and National Insurance		56,105		56,105	52,928
Travel Expenses and Petrol		65		65	445
Office Furniture and Equipment		426		426	878
Equipment Repairs and Maintenance				-	-
IT Support Services				-	-
Heat and Light		840		840	840
Insurance		432		432	395
Printing, Postage and Stationery		304		304	547
Software		160		160	264
Telephone		1,218		1,218	1,477
Website and Internet		1,860		1,860	1,196
Trustee Meetings		20		20	20
Legal and Professional		730		730	730
Bank Charges		275		275	294
Miscellaneous		497		497	498
Depreciation of Fixed Asset				-	-
		<u>62,932</u>	-	<u>62,932</u>	<u>60,512</u>
Total Expenditure		<u>196,847</u>	<u>43,000</u>	<u>239,847</u>	<u>254,110</u>
Net Income / Expenditure					
For the Year		47,200	-	4,200	4,299
Fund Balances Brought Forward		<u>77,116</u>	<u>37,000</u>	<u>114,116</u>	<u>109,817</u>
Restricted Funding for Holidays Next Year		-	43,000	-	
Fund Balances Carried Forward		<u>81,316</u>	<u>37,000</u>	<u>118,316</u>	<u>114,116</u>

Children with Cystic Fibrosis Dream Holidays

**Statement of Assets and Liabilities
As at 31st October 2024**

	note	2024		2023	
		£	£	£	£
Fixed Assets					
Office Extension	2/8		12,500		12,500
Computer Equipment			-		
			<u>12,500</u>		<u>12,500</u>
Current Assets					
Bank Balances:-					
Current Account		80,094		77,641	
Business Account		-		2,643	
Reserve Account		-		-	
Community Account		3,766		1,126	
Scottish Widows Account		<u>21,956</u>	105,816	<u>21,652</u>	103,062
Current Liabilities					
Creditors		-		-	
PAYE		<u>-</u>	-	<u>1,446</u>	1,446
Net Assets					
			<u><u>118,316</u></u>		<u><u>114,116</u></u>

These Financial Statements were approved and authorised for issue by the Management Committee

and signed on their behalf by: M. Johnson Chairman

Print Name: MARIA JOHNSON

Date signed: 28-01-2025

Children with Cystic Fibrosis Dream Holidays

Notes forming part of the Accounts For the Year to 31st October 2024

1 Accounting Policies

The accounts have been prepared under the historical cost convention adopting the following principal accounting policies.

a) Basis of Preparation

(i) The accounts have been prepared on a receipts and payments basis and include income and expenditure as they are received or paid rather than earned or incurred.

(ii) The recommendations for SORP 2006 have been followed in the preparation of these Accounts.

b) Cash flow

The Accounts do not include a Cash Flow statement because the Charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard 1 "Cash Flow Statement"

2 Tangible Fixed Assets

Tangible fixed assets are measured initially on the balance sheet at their historical cost.

The asset less its residual value must be depreciated on a systematic basis over its useful economic life.

Office Extension	0% per annum of cost
Computer Equipment	25% per annum of cost

The charity has chosen not to depreciate the office extension as its residual valuation is likely to be at least equal to its initial cost.

3 Revaluation of Tangible Fixed Assets

The charity has chosen to adopt an accounting policy of revaluation on tangible fixed assets on a rolling basis over a five year period. Any gain will be shown within the revaluation reserve on the balance sheet

4 Total Recognised gains and Losses

The Charity has no recognised gains or losses other than the net movement of resources for the above year.

5 Direct Charitable Expenditure

Included in the Fundraising Expenses are the Direct Mailing Costs incurred by the Charity for the above year.

6 Trustee Remuneration

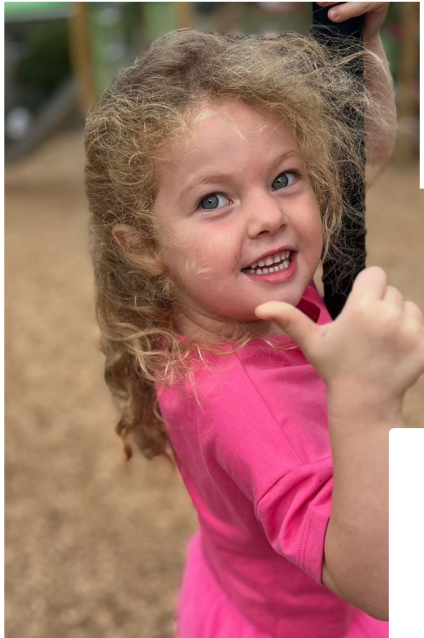
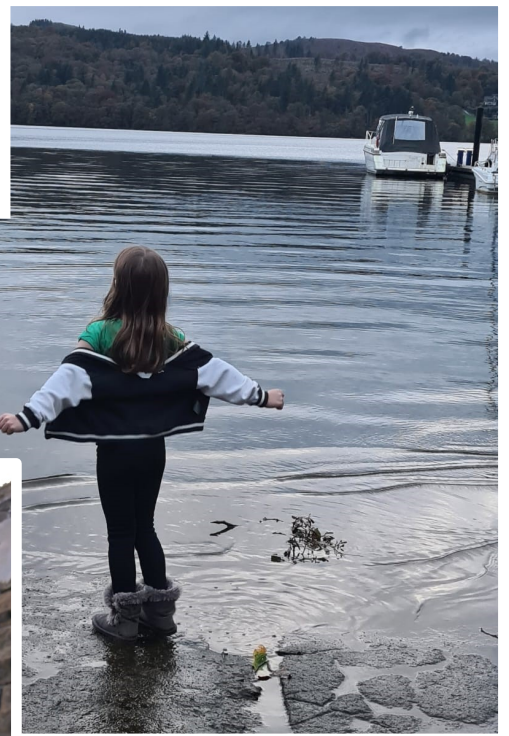
No remuneration was paid to a charity trustee or to any one connected to a charity trustee during the year

7 Trustee Expenses

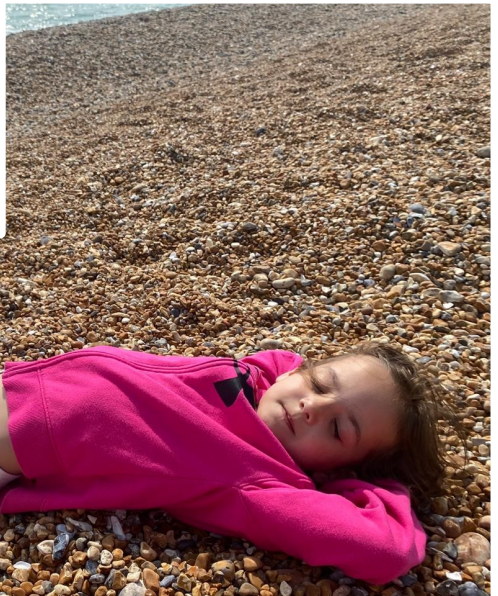
No expenses were paid to a charity trustee or to any one connected to a charity trustee during the year

8 Office Extension

The charity has contributed to half of the cost of building a dedicated office to work out of. The amount forwarded of £12,500 is to be re-paid to the charity if the house to which it is attached is sold.



*A small selection
of the photos we
received this year.*



Contact us

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FINANCE – Darren.cfdreamholidays@hotmail.co.uk

ADMIN / FUNDRAISER—Amy.cfdreamholidays@hotmail.com



Our Head Office address: -

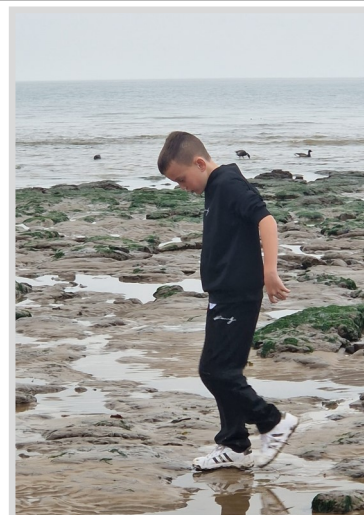
4 Norton Cottages

Tongue End

Spalding

PE11 3JL

TEL:- 01775 670399



Registered charity No: 1036069

Scottish charity No. SC043332

For updates or to see even more photos

Check out our website at **WWW.CFDREAMHOLIDAYS.CO.UK**

Or our Facebook page, search for

CF Dream Holidays

You can now make a direct payment to CF Dream Holidays by simply scanning the QR code. You will be redirected to the CAF Giving page.

